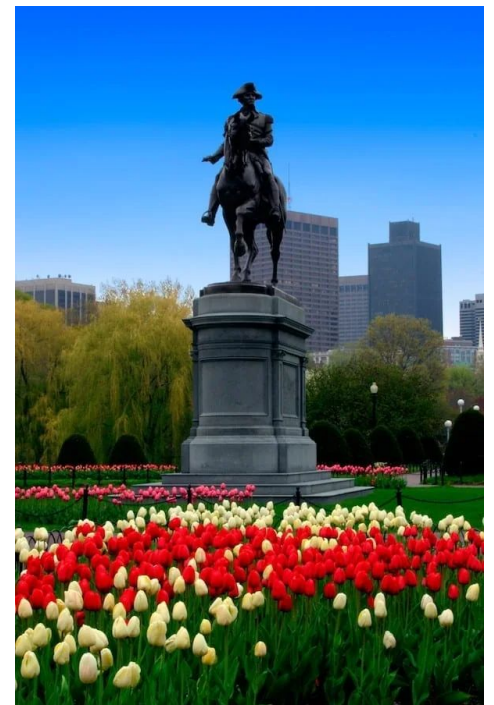


NEWSLETTER



Mar 2026 Issue N°011

JAPANESE BOSTONIANS
SUPPORT LINE



JB Line's Mission

We primarily support the Japanese community in New England area by providing useful information, consultation, direct services, and connecting them to other social resources.

What's New

Activity Report

Grant from JCOP
Grant from The Boston Foundation
Japanese Parents Community

Announcement

Online MeetUp for Parents
Longevity Gift
Support Groups

Local Events

Japan Festival Boston
Boston AAPI 5K

🌸 Greetings 🌸

This winter brought unusually heavy snowfall and severe cold, but at last the season has arrived when we can feel the coming of spring in the sunlight.

The "Longevity Celebration Gift" project, which received generous support from all of you during Giving Tuesday at the end of last year, successfully launched in January. We sincerely thank you for your warm contributions. We are currently delivering items that reflect the spirit of Japan, along with heartfelt message cards from all of you, to those who have applied.

If you know anyone who will be celebrating their 85th birthday or older this year (born in 1941 or earlier) and has not yet applied, we would greatly appreciate it if you could kindly encourage them to do so.

In this first quarter, we have received encouraging support for our activities. In January, we were awarded a JCOP grant for our support program by the Japanese Medical Society of America (JMSA). In February, we received a Safety Net Grant from The Boston Foundation. These grants will be carefully utilized as valuable resources to provide better services to everyone.

The service agreement we have established annually with the Consulate General of Japan in Boston to support victims of domestic violence and related issues has been renewed as of April. We will continue to provide assistance to those in need.

As spring approaches, a variety of events are planned. We will share further details as they are finalized, so please stay tuned.

Help Us by Donating

JB Line's operation is made possible
by donations of supporters.
Your generosity makes a difference
to help our community.



JB Line, Inc. is registered as a 501(c)(3) Non-profit Organization. Your donations are tax deductible. We accept donation on Zeffy. Please use QR or the link below.

<https://www.zeffy.com/en-US/donation-form/38a38bb6-e2ae-4693-95ed-3c8c75997b68>



Grant from The Boston Foundation for Safety Net

JB Line has been awarded a \$10,000 Safety Net Grant from The Boston Foundation.

This grant will be used to support families and individuals in need, particularly those requiring assistance with food security.



Japanese Parenting Community

As a pilot initiative this year, we held the first session of the “Japanese Parenting Community” on Saturday, February 28 at the JB Line office.

More than 20 people, including those with young children, gathered and were able to exchange information and deepen their connections.

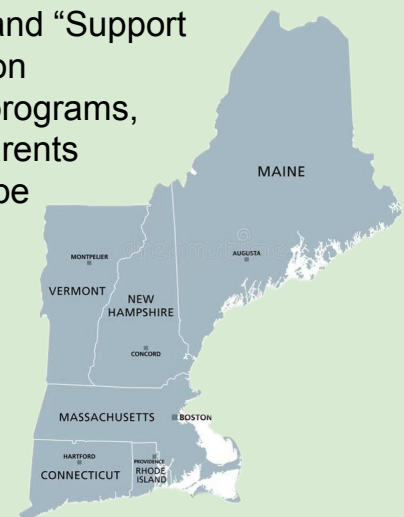
Since it was held over the weekend, many fathers also participated.



Grant from JCOP for the Young Family Support Program

In 2025, JB Line’s Young Family Support Program has been awarded a \$2,500 grant from the Japanese Medical Society of America (JMSA) Community Outreach Program (JCOP). At the online award ceremony held on January 27, 15 organizations from across the United States participated and presented their activities and plans for utilizing the grant.

In addition to our ongoing initiatives, “Family Support MeetUp” and “Support Group for Japanese New Parents,” JB Line will focus this year on expanding awareness and participation in our newly launched programs, “Online MeetUp for Parents of Preschoolers” and “Japanese Parents Community,” reaching a broader range of families. This grant will be used to support outreach across the six New England states, covering related expenses to connect directly with local parenting support organizations and families, and to introduce JB Line’s activities in each community.



Our first online MeetUp for the parents of preschoolers

【Theme】The “Toddler Tantrums & Challenging Behaviors” (Ages 1-5)

【Date & Time】Tuesday, April 7, 9:30 AM – 10:30 AM

【Location】Online

Click here for the registration form →

<https://forms.gle/Ywupcc5Da4vwzFWo9>

Registration closes Sunday, April 5, at midnight.

We will email the Zoom ID for the event to registered participants on Monday, April 6.

【Event Details】

Once children turn one, their activity levels increase, leading to more opportunities for social interaction beyond just family time. Consequently, this is often a time when parents begin to experience new concerns and worries regarding their child’s growth and development.

We would like to focus on the challenging behaviors specific to this stage, share how everyone is handling them, and create a forum where we can exchange ideas together with experts well-versed in child development.

While this session is aimed at children aged 1 to 5, expectant mothers, parents of infants, and parents of elementary school students are also welcome to participate. We also encourage those involved in child-rearing support to join us.

Please contact us at help@jblines.org for inquiries.

JB Line Young Family Support Team



未就学児 Meet Up NEW!

Online

～MeetUp for Parents of Children Ages 1 to 5～

4/7(Tue)9:30-10:30am
米国東部時間(EST)

テーマ:「イヤイヤ期」について
Talk about
Toddler Tantrums & Challenging Behaviors
(Ages 1-5)

with Expert

申し込みQR Code→
Form here↓

<https://forms.gle/82UNu21ufMRVhfhy6>

ご質問、お問い合わせは help@jblines.org

Gift to the Elderlies Project

We will deliver a celebratory gift featuring the flavors of Japan, along with a birthday card, to Japanese and Japanese American seniors living in New England who will be celebrating their 85th birthday or older in 2026, during their birthday month.

【Eligibility for Gift Recipients】

- Individuals who will turn 85 or older in 2026
- Currently residing in New England (the six states: MA, ME, NH, VT, RI, CT)
- Japanese nationals or Japanese Americans

【Application / Free of Charge】

Applications may be submitted by the individual, as well as by family members, friends, supporters, or caregivers.

▼ Application form:

<https://forms.gle/xWXre7WRJqKVLX3m9>

▼ Apply by phone:

(781) 296-1800 / Weekdays 10:00 AM – 4:00 PM

We hope this initiative will provide as many Japanese and Japanese American seniors as possible with the joy of feeling that someone cares about their birthday, as well as a sense of warmth, connection to the community, and reassurance that there is always a place they can turn to for support.

Upcoming Support Groups

Senior Gathering “Wa no Kai”

Seniors and volunteer enjoy conversation in Japanese. There about 10 members chatting.

Date: Every other Friday 1:00 - 3:00 PM
Location: Arlington, MA or on Zoom



Sing-along in Japanese “Uta no Kai”

Seniors gather and sing their favorite songs; nostalgic Showa-era songs, children’s songs, folk songs from around the world, mainly in Japanese. There are about 10 members sing together.

Date: Every other Monday
Location: Watertown, MA or on Zoom



Senior Zoom Fitness

We host fitness classes on Zoom that seniors can join and exercise comfortably. Professional Japanese instructors take turns to lead various programs each week.

Date: Every Monday 10:00~10:45 AM
Location: Zoom



Support Group for New Japanese Parents

We provide helpful sessions monthly for new Japanese parents with infants from newborn to two years old.

Date: Wednesdays 12:30 - 1:30 PM
Location: Zoom

Wednesday, Apr 15 - Self care after birth: How to hold a baby without hurting yourself
Wednesday, May 20th - Baby’s development part 1; zero to 5 months
Wednesday, June 17th - Baby’s development part 2; 6 to 12 months

For more details:

https://www.jbline.org/useful-info/family_1/parentsupportgroup

For all inquiries:

Email: help@jbline.org or Call us 781-296-1800 (Weekdays 10am - 4pm)

🌸 Japan Festival Boston 2026 🌸

Saturday, April 25th to Sunday 26th, 2026

11 a.m to 5 p.m.

Main Stage: Boston Common

16 Charles St Boston, MA 02108

Downtown stage is also open

Stage events, booths, workshops and more!

JB Line is also holding a booth.

Please check out the festival website:

<https://www.japanfestivalboston.org/>



AAPI 5K

Saturday, May 16th

JB LINE Members will be attending for fundraising.

Please help us and send cheers!

Where: Carson Beach, Boston, MA

Website: <https://www.aapi5k.org/>

